

FACIALS

The Griffin Gate Signature Facial 50 mins. \$110
Perfect for all skin types. This classic European facial balances and nourishes dull and devitalized skin and assists in the prevention of unwanted skin conditions. A personalized skin evaluation is done before we begin, and included with every service is a relaxing neck, shoulder and scalp massage.

The Saving Face Facial 50 mins. \$150
Exclusive to Marriott and featuring Kerstin Florian's antioxidant skincare line, this personalized botanical facial maximizes skin's performance, dramatically increasing moisture resulting in clearer, healthier and more vibrant skin. Each facial includes a relaxing neck massage and hand treatment.

Oxygen Facial 50 mins. \$125
Come up for air! An oxygenating facial designed for the most stressed out skin or the most weary, world-traveler. This completely rejuvenating treatment offers all the luxuries of our signature service and packs in the power of pure oxygen, delivered via an encapsulated oxygen masque that boosts circulation to the skin and instantly delivers a fresh glowing complexion.

Anti-Aging Firming Facial 50 mins. \$125
A super age-defying treatment that combines a facial with a mild peel to promote cell regeneration, boost elastin and collagen and reduce the severity of deep lines and wrinkles.

Cucumber Cold-Stone Facial 50 mins. \$125
This soothing facial is a rich source of antioxidants infused with green tea and natural enzymes, which increase circulation and optimize cell regeneration. Your skin is gently stimulated via a cold-stone facial massage technique that leaves your skin refreshed and glowing.

Refresher Facial 25 mins. \$70
A fabulous wakeup for the skin! Enjoy a personalized skin analysis, deep cleanse and super boost of antioxidants delivered via June Jacobs's own Pomegranate Cranberry Moisture treatment.

Ala Carte Peel 25 mins. \$55
If all you need is a quick pick-me-up, treat yourself to skin brightening peel. Our peels are infused with powerful antioxidants to help soften fine lines and skin texture. Our estheticians choose the best peel for your skin, based on a personalized evaluation and you enjoy a relaxing scalp massage as your peel goes to work.

Retail products and gift cards available.

Lower mid-week and off-season pricing may be available on selected services, please inquire with our spa concierge at the time of your reservation.

THE SPA AT GRIFFIN GATE

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Lexington, KY 40511
Phone 859.288.6175
TheSpaAtGriffinGate.com



SPA PACKAGES

The Winner's Circle 5.5 hours \$495
Spend the day with us as we pamper you from head to toe. Your card includes our Signature Facial, fifty-minute Signature Massage, Mint Julep Body Scrub, Signature Manicure/Pedicure and a Shampoo and Style. You'll leave looking and feeling like a million bucks.

The Trifecta 3.5 hours \$350
A perfectly boxed trio of our most popular services. Includes our Signature Facial, Signature Massage and a Signature Manicure/Pedicure.

The Sweet Treat 3.5 hours \$350
A selection of services chosen just for Teens and Tweens. This package includes the Teen Facial, fifty-minute Teen Massage, Lemon Drop Body Polish and Double Dip Manicure/Pedicure.

The Bluegrass Sampler 2.5 hours \$275
A perfect way to try some of our most popular services! Each service is twenty-five-minutes and allows you a luxury sampling from our renowned selection of treatments. Enjoy our Refresher Facial, choice of either the Mini Mint or Lemon Drop Sugar Scrub, a Tension Tamer Massage and Short and Sweet Manicure/Pedicure.

SALON SERVICES

Hair Services

Cut and Style.....\$60
Barber Cut.....\$30
Shampoo and Style.....\$45
Updo prices will vary based on length of hair and final design
Remedy Scalp and Hair Renewal.....\$40

Makeup Services

Makeup Application.....\$40
Makeup Lesson.....\$50
Special Event/Bridal.....\$60

Lash and Brow Tinting

Lash Tint.....\$30
Brow Tint.....\$20

Waxing

Brow Shaping.....\$18
Lip, Chin or Neck, each.....\$11
Face, excluding brows.....\$30
Half Leg.....\$40
Full Leg.....\$70
Bikini.....\$35
Back, starts at.....\$40
Chest, starts at.....\$40
Underarm.....\$25
Full Arm.....\$35

FOR TEENS AND TWEENS

Teen Facial 50 mins. \$100
A facial is designed to gently, and effectively address the concerns of teenage skin through a combination of exfoliation and balanced hydration. A custom evaluation before the treatment ensures that problem areas are targeted. Includes a relaxing neck, shoulder and scalp massage.

Teen Massage 25, 50 mins. \$60, \$110
A lighter touch massage designed just for growing bodies. This nurturing service stimulates the body's immune system and provides a gentle level of rest and relaxation. Teen athletes can also request a more therapeutic service for sports recovery. (Please note: Guests under the age of 13 must have a parent or adult guardian present during the entire service)

Double Dip Manicure 25 mins. \$35
Double Dip Pedicure 25 mins. \$55
Dive into an ice cream sundae, treat-for-the-feet featuring a Vanilla Bath Ice Cream bomb, Strawberry-Kiwi Sherbet Scrub and Vanilla Icing body lotion. Service includes all of our usual attention to nail-shaping, cuticle care and polishing.

FOR MEN

Gentlemen's Facial 50 mins. \$100
This deep-cleansing, no-nonsense facial addresses the particular needs of men's skin, helping to relieve shaving irritation while hydrating the skin and relaxing the spirit. Includes a relaxing neck, shoulder and scalp massage.

Gentlemen's Manicure 20 mins. \$30
Gentlemen's Pedicure 25 mins. \$50
For the well-groomed man. These services incorporate the elements of our Spa Manicure and Pedicure into a service just for gentlemen. Nails can be buffed or left with a natural finish at your request.



REVIVE
YOUR SPIRIT.



THE SPA AT GRIFFIN GATE

Enjoy a revitalizing escape, right here at Griffin Gate Marriott Resort and Spa. Relax with an individual spa treatment, specially designed by world-renowned experts. Indulge in the finest spa products while benefitting from the personal advice that complements each treatment. At The Spa at Griffin Gate, we've married the healing power of native minerals and natural wildflowers to the undeniable benefits of our soothing spa services to create an unforgettable experience.

How to Enjoy the Ultimate Spa Experience

While each visit to our Spa offers a unique, personalized experience, there are a few ways to help ensure all of our guests get the most from their experience. In order to preserve the tranquility of our environment, we ask that you please turn off cell phones prior to your arrival in the Spa. A doctor's note of consent is required for guests who are pregnant or receiving chemotherapy.

Upon Arrival

Plan to arrive at our Spa Desk at least 30 minutes prior to your first scheduled Spa or Salon service. This will allow time for changing and use of our facilities, including steam room and showers.

For Your Comfort and Convenience

During your stay at the Spa, we will provide you with a cozy robe and slippers along with a private locker. Your robe and slippers are appropriate attire for anywhere in the Spa. Complimentary tea, water and light refreshments are also available for you to enjoy during your stay.

What Do I Wear?

Whatever makes you feel most comfortable and relaxed. Some Spa guests prefer a bathing suit for the steam rooms, although this isn't required. During your service, be assured that our therapists will respect your privacy and are trained to keep you properly and modestly covered throughout your treatment.

We'd Like to Know About Any Health Issues

Please advise our staff if you are pregnant, recovering from recent surgery or have any existing medical concerns. For your health and safety, we recommend avoiding the consumption of alcohol if you will be using the steam room.

Gratuities

For your convenience, a 20% service charge is automatically added to each Spa or Salon service received. Gratuities are dispersed to spa staff who served you during your stay. Additional gratuities are at your discretion.

Age Requirements

The Spa at Griffin Gate facilities are offered to our guests 16 years and older. Guests under 16 must be accompanied and supervised by an adult. For your own peace of mind, and for the safety of your children, please make arrangements for childcare during your appointment times if they will not be receiving Spa or Salon services.

Our Cancellation Policy

For guests, group appointments or Spa Packages, we ask for a 24-hour cancellation notice to avoid being charged for a scheduled spa/salon service not taken. No-shows and late cancellations will be charged in full.

The Spa at Griffin Gate is open daily, 7:30 a.m. – 8:00 p.m.

To book your spa appointment call 859.288.6175 or e-mail

GriffinGateSpa@Marriott.com.

SPECIALTY TREATMENTS

Thunderstorm Massage 50 mins. \$160
A powerhouse combination of two of our most dramatically therapeutic treatments. Feel the benefits of a deeply relaxing, fifty-minute hot stone massage enhanced by the detoxifying and stimulating benefits of our state of the art Viche shower. Your massage is performed under a stream of healing water, drawn right from the heart of the Bluegrass.

Riverbend Massage 50 mins. \$150
The benefits of hot/cold hydrotherapy have been known since ancient times, and in this uniquely relaxing service, we offer a traditional Swedish massage, enhanced by the addition of both hot and cool Viche sprays. Your therapist will gently incorporate warm water via our Viche shower throughout the massage while also adding moments of cooling cross-body streams of the Lexington's naturally mineralized water. Finish your service with an application of our own Bluegrass Mint Hydrating Body Lotion and let the rest of your day unwind.

Bluegrass Wrap 50 mins. \$120
Renew body and mind with this nurturing and stimulating herbal wrap steeped in the healing power of locally sourced herbs. Start your treatment with a light herbal massage to smooth and soften the skin, followed by our detoxifying wrap and scalp massage.

Moor Mud Mineral Kur 80 mins. \$170
Based on the centuries old tradition of combining medicinal mud, healing waters and light massage therapy, this deluxe body treatment has a detoxifying and totally relaxing effect on mind, body and spirit. Merging three treatments in one, we start with a 100% organic Moor Mud body polish combined with a scalp, hand and foot massage, and followed by a thirty-minute thermal-mineral massage.

Body Scrubs

We are proud to offer the rejuvenating benefits of a traditional Viche shower as an add-on service with all of our body scrubs. Please indicate your preference at the time you book your appointment.

Mint Julep 50 mins. \$100, \$130 w/Viche
Indulge in some down time with an invigorating head-to-toe body polish mixing summery lemon sugar and fresh crushed mint. Complete indulgence, Bluegrass style and no Derby Hat required.

Lavender Crush 50 mins. \$100, \$130 w/Viche
Experience the ultimate healing and soothing powers of wild lavender. Minerals from the earth are combined with the healing properties of one of nature's most powerful herbs. After a relaxing herbal scrub, we continue with a pressure point massage and finish with an aroma-therapeutic lavender body spray.

SPECIALTY TREATMENTS (CONTINUED)

Lemon Sugar Body Treatment 50 mins. \$100, \$130 w/Viche
An uplifting medley of the bounty of summer. This invigorating body polish buffs the skin and refreshes the soul and senses with its tangy combination of fresh lemon and peppermint. This service includes a relaxing scalp, hand and foot massage and is followed by a light massage using a refreshing peppermint body spray. Perfect for travelers, golfers and anyone who needs a ray of sunshine.

Mini Mint or Lemon Drop Sugar Scrub 25 mins. \$50
Dip into our candy jar of mini-goodies and spend some time savoring the sweet indulges of a Mini Mint or Lemon Drop Sugar polish. We'll focus on your back, legs or upper body, it's entirely up to you.

HANDS AND FEET

Double Happiness Manicure/Pedicure 80 mins. \$125
Exclusive to Marriott, this treatment is a luxurious, restorative peppermint-infused "facial" for hands and feet. This innovative duo utilizes the benefits of the world-renowned June Jacobs skincare line, and rejuvenates tired, overworked hands and feet via the healing power of botanical extracts.

Griffin Gate Spa Manicure 35 mins. \$50
Griffin Gate Spa Pedicure 50 mins. \$70
We are proud to feature SpaRituals in our signature services. This 100% vegan and eco-friendly line of nail care, surrounds you in the luxury fragrances of organic jasmine, geranium, and frankincense. Our signature treatment goes beyond your expectations with a combination of a smoothing scrub and hydrating masque followed by a calming aroma mist. Relax with a heated neck wrap and herbal tea, as we conclude your service with expert attention to nail-shaping, cuticle care and perfectly applied formaldehyde and toluene-free polish.

Short and Sweet Manicure 25 mins. \$35
Short and Sweet Pedicure 25 mins. \$55
All the necessities for maintaining healthy, natural nails are provided in these two efficient services. Nails are trimmed and shaped, cuticles cared for, rough spots smoothed and polish perfectly applied. Does not include a scrub or mask.

Hot Stone Pedicure 65 mins. \$85
Start with a tingling mint scrub, followed by plenty of lower leg massage using smooth, warm river-rocks. The service is rounded out with all the standard luxuries included in our Signature Pedicure. Relax, and let the power of the earth rejuvenate you.

The Tricolor Pedicure 65 mins. \$85
Whether you bring home the Championship or not, this service is a post horse-show life-saver. What could be better than our fabulous Spa Pedicure, with more time for massage and personalized pampering for tired feet and legs? The perfect antidote to tight show boots.

Polish Change..... \$8
Add French Polish \$10
Paraffin Hand Treatment..... \$10

MASSAGES

Griffin Gate Signature Massage 50, 80 mins. \$120, \$165
A completely customized service incorporating a therapeutic mix of both Swedish and Deep Tissue techniques along with a touch of Hot Stone therapy. A Bluegrass classic.

The Aroma Journey Massage 50, 80 mins. \$140, \$175
Let us be your guide on your own unique sensory journey. Enjoy the therapeutic relaxation found in each and every one of our Signature Massage Services with the luxurious addition of your choice of a Citrus, Floral or Earthy blend of essential oils. A massage for every mood, the choice is all yours.

Swedish Massage 50, 80 mins. \$110, \$155
A relaxing and traditional Swedish massage that promotes balance and good health.

Deep Tissue Massage 50, 80 mins. \$120, \$165
This massage utilizes moderate to deep pressure and incorporates strategic stretching. Get set to relieve muscle tension and ease away your stress. You may also schedule this service prior to any activity to increase flexibility and range of motion.

Hot Stone Massage 50, 80 mins. \$130, \$175
Our specially trained therapists bring you to a new level of relaxation as warmed river rocks are gently incorporated into your service to release excess tension and ease away aches and pains. The perfect escape to tranquility.

Pre-Natal Massage 50, 80 mins. \$120, \$165
Celebrate these special months with a treatment designed just for the mother-to-be. Relax as our specially trained therapists ease away aches and pains. Our service is designed to accommodate all sizes of blossoming bellies. (Requires your written doctor's release).

Reflexology 25 mins. \$60
An ancient form of massage that creates healthy balance throughout the body by activating pressure points in the feet.

Tension Tamer 25 mins. \$65
Is it your back? Your feet? Your neck? Maybe a little of everything? Let us know and we'll focus on what ails you most. A time-saver as well as a life-saver.